

Goal/Aim 1: Use trauma-informed evidence based programming to mitigate potential behavioral health impacts of the FWE on Flint youth and families. This aim will be focused on the Flint Water Emergency (FWE) as a community-wide traumatic stressor.

Objectives	Activities	Process Measures	Outcomes & Indicators
<p>Objective 2 (TR1, R1): Deliver 10 family-strengthening, resilience, and mental health prevention workshops annually to reach 75 families.</p>	<p>Activity 1: Quarterly (per year) forums to discuss the application trauma-informed approaches in the family, community, and local decision-making contexts.</p>		<ul style="list-style-type: none"> - improved stress coping scores (based on coping scale) by 25% -proactive planning support networks -constructive communication practices -knowledge of cultural secondary traumatic events -can identify de-escalation strategies -can lead two stress management techniques for self and others increase in awareness of 50% after participation -self-confidence improvement measured by evaluation tool (TBD) - improved self-concept -single document of agency offerings throughout the city developed Pre-post assessment with 6 , 12, 18 mo follow up/booster. Quantitative assessment to determine if knowledge, skills and strategies and any individual behavioral changes are retained
	<p>Activity 2: We will engage families currently participating in the local family-strengthening programs (e.g. Strengthening Families, Incredible Years). We will engage additional families through (social networks of) families connected to programming and services offered by the ReCAST community partner organizations.</p>	<ul style="list-style-type: none"> -# referrals to mental health services recorded -# cross connected families -# attendees -# sessions attended -# handouts distributed 	<p>In the follow up, discuss challenges and barriers and provide solutions (which could be a part of the quarterly meeting).</p> <ul style="list-style-type: none"> -document translated into two other languages (Spanish, Braille) -pre/post evaluation form for (fun, met new people, treated kindly, treated with respect, foul language present, felt safe, sense of community, felt cared about by <p>CASPER results indicate improved behavioral health outcomes</p>
	<p>Activity 3: Self-empowerment and cultural awareness enrichment programs will be offered for youth (birth-18) (e.g. Freedom School of the Flint Odyssey House).</p>	<ul style="list-style-type: none"> -# attendees 	

	<p>Activity 4: Construct and distribute cross-agency documents for behavioral health services referral options for all participating families, including those in local family groups (e.g. Strengthening Families, Flint & Genesee Literacy Network family groups, etc)</p>	<p>-photo documentation of events</p>	
	<p>Activity 5: Host, fund, and facilitate 2 physical activity based evidence-informed events (TBD) that use trauma-informed practices to positively reinforce communication and social support within the family structure, in each of Years 2-5</p>		
	<p>Activity 6: Host, fund, and facilitate 2 family oriented peer-to-peer (and fun) evidence-informed events (TBD) that use trauma-informed practices to positively reinforce communication and social support within the family structure, in each of Years 2-5</p> <p>Activity 7: Employ resilience training after school programming for Flint area youth and parents in coordination and partnership with local community organizations</p>		<p>-youth confidence with positive reframing increases by 30% among participants</p> <p>(process assessment of evidence informed event)</p> <p>Quantitative and qualitative assessment of resilience training after school program</p>
<p>Objective 2 (R1): Provide professional trauma-informed training and mentoring to equip 25 Flint area clinicians to deliver intensive, short-term trauma-focused treatment (e.g. Trauma Resiliency Model, Child and Family Traumatic Stress Intervention, Trauma-Focused Cognitive Behavioral Therapy) through individual and/or group therapy for Flint area youth and families.</p>	<p>Activity 1: Offer trauma-informed training (e.g. COPE, etc) to at least 3 Flint area mental health agencies not currently receiving training through Genesee Health Systems (community mental health agency) to equip at least 25 Flint area clinicians to deliver trauma-focused treatment.</p>	<p># of attendees</p> <p># of clinicians trained to provide TF-CBT and other Trauma-focused treatment protocols</p> <p># of children/families receiving trauma focused services before and after clinician training</p> <p># of participants</p>	<p>-# TF-CBT trained clinicians increased by 5%</p> <p>-#clinicians using TF-CBT services increases, as indicated by increased # clients served using TF-CBT</p> <p>Assessment of intention to utilize TIA in practice via online assessment of knowledge, beliefs, and intention</p>