

Goal/Aim 3: Integrate evidence-based violence prevention programming to enhance ongoing community organization led activities to encourage youth at high risk for developing traumatic stress symptomatology toward empowerment and achievement pipelines rather than school to prison pipelines.

Objectives	Activities	Process Measures	Outcomes & Indicators
<p>Objective 1 (PC2): Coordinate 5 cross-agency collaborations among at least 10[1] Flint area organizations that currently offer programming and activities that direct area youth toward goal-oriented and long-term achievements to extend the capacity of their programs across their youth populations.</p>	<p>Activity 1: Fund and enrich the trauma-informed components of 3 arts/theatre based evidence-based efforts that use trauma-informed practices in each of Years 2-5</p>	<p># of participants in projects</p>	<p>-think of STRYVE related outcomes</p>
		<p>Dissemination to various audiences (who was exposed to arts/theatre based efforts and the numbers who viewed or were exposed to art/theater efforts.</p>	<p>Youth outcomes</p>
			<p>—individual behavioral changes</p>
		<p>photo documentation of events; social media efforts including blogs and the psychometrics on demographis of those who were engaged through these avenues</p>	<p>improved academic achievement, confidence, overall positive achievement and empowerment</p>
			<p>-- knowledge traumatic stress</p>
		<p># of agencies that develop organizational policies to lower barriers and to engage youth and families</p>	<p>-can identify de-escalation strategies to prevent engagement in negative events</p>
			<p>-can lead two stress management techniques for self</p>
			<p>decrease in unhealthy behaviors related to exposure to traumatic stressors –e.g. violence, drug use, gang involvement, bullying</p>
			<p>Pre/Post Assessment and 3, 6, 12 mos. Follow up.</p>
	<p>Youth journal their participation in the program or some qualitative technique to capture their transformation /growth in this process.</p>		

		Communities/Audiences: Exposed to Art/Theatre Events -- -increase in awareness of traumatic stressors, strategies to address/combat those stressors, and resources including agencies to get help/services.
		Evaluate community experience with Art/Theatre project in process evaluation. Sample of participants for follow up either group discussion, short phone interview, or phone survey, or assessment of audience attending art/theatre project
Activity 2: Fund and enrich the trauma-informed components of 3 physical activity based evidence-informed efforts that use trauma-informed practices to positively reinforce violence prevention in each of Years 2-5	# of participants impacted by efforts that use TIPs and in what capacity	-use MiPHY data for outcomes
		-% increase in the number of clients reached across the CBO populations
		-what organizational policies established for engagement with youth and families
		Establish what TIPs are used, how TIPs utilized, and effectiveness of TIPs used among each group;
		challenges and barriers to implementation to TIPs among each group's service population/clients
		Pre/Post assessment
Activity 3: Fund and enrich the trauma-informed components of 3 academic-based evidence-informed efforts that use trauma-informed practices to positively reinforce goal-oriented decision making in each of Years 2-5		Identify de-escalation strategies to negative interactions
Activity 4: Fund and enrich the trauma-informed components of 3 leadership-based evidence-informed efforts that use trauma-informed practices to positively reinforce goal-oriented decision making in each of Years 2-5		Booster trainings at 12 mos.
Activity 5: Fund and enrich the trauma-informed components of 4 mentorship-based evidence-informed efforts that use trauma-informed practices to positively reinforce peer-support and community engagement in each of Years 2-5		
Activity 6: Provide psychological first aid training and trauma-informed approach training to at least 3 staff of each program supported through the activities listed above		

<p>Objective 2 (TR1): Engage 30 youth to serve as youth ReCAST ambassadors for 6-month periods to build mental health awareness, awareness of youth mental health promotion activities in the community, create leadership opportunities around mental health advocacy-impact will be measured by youth ambassadors logging the number and date of contacts made with other youth re: positive behavioral health messaging and/or mental health awareness, and to advise the ReCAST team with regard to preferred resilience programming preferences.</p>	Activity 1: Work with youth ambassadors (from year 1) to design monthly sessions for 30 youth participants modeled from the summer youth academy activities	# of attendees	Increase mental health prevention awareness among youth age 12-21
		# of recruitment sites/venues	
	Activity 2: Recruit additional youth participants in September (middle school, 15 youth) and January (high school, 15 youth) of each school year, years 2-4	recruitment sites/venues	
	Activity 3: Structure career shadowing opportunities twice during session with professionals who employ trauma-informed care	#of opportunities created--# of agencies participating in career shadowing	Increased awareness of youth mental health awareness activities
		Agencies where youth completed career shadowing	Increased awareness of disciplines, careers, and service agencies engaging in or utilizing mental health services for youth
		# of students participating in career shadowing	Increase awareness of trauma-informed care in behavioral health and other disciplines that employ it.
	Activity 4: Organize one college visit with disciplines that apply trauma-informed care	#of visits conducted	
		# of colleges participating	
		Types of disciplines participating	
	Activity 5: Organize community visit with organizations applying trauma-informed care	#of visits conducted	
		# of agencies participating	
		Types of agencies participating	
Activity 6: Structure leadership opportunities to match youth ambassadors with youth-serving community organizations to lead trauma-informed care youth community efforts	#of projects conducted with agencies or number of opportunities where youth were able to engage in trauma informed care efforts	Development, implementation, and evaluation of at least 3 evidence based health promotion approaches/activities to address mental health for youth	
	Types of leadership projects or opportunities/		
	collaborations		
	Time/Hours engaged with activities		

[1] Larger organizations may have greater capacity to facilitate multiple types of events; therefore, we want the minimum number of collaborations to allow for variation in the size of the participating organization.